



The Kinder Loop

Route Guide

Rushup Edge (SK0918 8248) to the Ladybower Reservoir (SK172 892)

This is a lovely ride on bridleways and a short section of road with great views of Kinder and surrounding countryside. It passes around the edge of Mam Tor, into the Edale valley and then over to the Ladybower reservoir. The going is very stony and steep in places. **Approx 12 miles; Riding time 3.5 – 4.5 hours**

Directions	Approximate distance covered
27. Turn left at Rushup Edge leaving the Pennine Bridleway. The path is alongside the road but fenced off for 150 yards. Go through a gate and bear left to follow the stony track up the hill. The going is easier on the path to the right of the track. Go through the gate shortly before the top of the incline and then go straight on (signposted to Castleton and Hope via Mam Tor and Hollins cross) ignoring the bridleway to left about 20 yards after the gate.	0.6mile
28. After about half a mile (9-10 minutes riding at walk), the bridleway and footpath separate. The bridleway passes to the right of the wall though a gate and then follows the ridge with the wall on your left. (If you get to a stile, you have missed the junction so retrace your steps for about 50 yards). Go through several gates and then join the footpath again as it heads down hill on a well maintained path. THERE ARE OFTEN PARA-GLIDERS ON THIS SECTION	1 $\frac{3}{4}$ miles
29. Pass through another gate and turn left on the small road ahead. This goes steeply uphill and bends to the left with a blind summit in 50 yds so TAKE CARE . After the summit go down hill to a bridleway on your right after about 100yds. Go through the gate and then go straight ahead to contour around the side of the hill. Do NOT take the bridleway that goes steeply down hill to the left.	150 yards
30. Follow the path around the side of Mam Tor and after about half a mile it joins a foot path coming down from Mam Tor which is a stone pavement. This passes along the ridge with fabulous views of Kinder to your left. Where the pavement ends, there is a small stone monument, this is Hollins Cross.	0.95mile
31. Drop down left off Hollins Cross down the path to the left that goes between 2 old disused stone and wood gate posts. [Do NOT go sharply left back down the path along the side of Mar Tor and lower down.] The path descends quite steeply initially and is stony and slippy in places so take care. It eventually joins a small lane alongside a farm (Back Tor Farm) which you continue to follow down hill, over a small bridge until you reach a T-junction.	1 mile

32. At this road turn right, pass under a railway bridge and stay on the road alongside the railway and past Ladybooth riding centre in the small hamlet of Nether Booth after $\frac{1}{2}$ mile. About $\frac{1}{4}$ mile after leaving Nether Booth, look out for a bridleway/footpath on your left shortly before a road sign for Z bends. Signpost to Alport, Ashton, Derwent, Snake Pass and Glossop. Follow this path between hedges and around the back of a house.	$\frac{3}{4}$ mile
33. Having gone around the back of the house you emerge onto a much wider track which you follow uphill, over a stream at Jagger's Clough (after 1 mile), to a ridge just before a conifer plantation (after another $\frac{1}{2}$ mile) where the track is crossed by a track running along the ridge. Turn left along the ridge (signposted to Glossop via Snake Pass) and follow this rough track over a small stream (after $\frac{1}{2}$ mile) and downhill [keep to the right on path at side where main track very stony] to meet a small lane (after another $\frac{3}{4}$ mile).	3 miles
34. Turn right (signposted Upper Derwent) and follow lane down, through gate, over bridge and up to go straight across very busy road (Snake Pass road). TAKE CARE.	1/3 mile
35. Follow the lane up through Rowlee Farm and through the gate (signposted to Lockerbrook Farm) to track which zig zags up and passes through fields. After a gate, the track passes woodland to the right and then turns sharply left (about $\frac{3}{4}$ mile from Rowlee Farm) to Lockerbrook. Stay on track for a few yards as it bends round to left then turn sharp right back down a rough track. Go left in 20 yards just before a gate. [In effect you are going straight on from the track you were originally on, but there is no direct path so you have to do this little detour]. Go through gate and follow track through field alongside wall and wood to left to reach a complex of gates in about half a mile.	1.5 miles
36. Go left down the bridleway through the woods via either the almost too narrow bridleway gate or use the 2 larger gates to turn left. This bridleway joins the road alongside the Ladybower Reservoir at a car park.	0.5 mile
37. Turn left at the car park onto the road alongside Ladybower reservoir which is on your right. Follow the road to a small roundabout next to the large Fairholmes car park in about 1 mile. (SK172 892)	1.0 mile

Maps and route text are for guidance only. We strongly recommend that you also carry the Ordnance Survey Explorer Map OL1. Whilst every effort has been made to ensure all the information presented is accurate we cannot guarantee it is error free. In no event will any party involved in the making of this route guide be liable for any special, direct, indirect or consequential damages out of the use or inability to use this guide.