



## The Kinder Loop

### Route Guide

#### Ladybower Reservoir (SK173 889) to Trans-Pennine Trail, Millhouse Green (SE 223 027)

The ride 'starts' at the Derwent Overlook car park at the head of the Ladybower reservoir (but you can start anywhere, of course). This car park is on the left about 1/3<sup>rd</sup> of a mile before you reach the main Fairholmes car park and café. It is a much easier car park for access for horse boxes. The ride goes north alongside the Derwent and Howden reservoirs on good trails before crossing high level exposed moorland on a stony track over boggy ground. The ride gives a sense of wilderness and is very beautiful, but because of the nature of the landscape and altitude, is not for novice riders. It is the most challenging part of the route. **Approx distance 14 miles; Riding time 5-7hours.**

Directions	Approximate distance covered
1. From the Derwent Overlook car park turn right and head down toward the roundabout by the Fairholmes car park. Take the second exit which often has a barrier across half of the road saying 'no access for motorised vehicles'. The road passes below the face of the dam and curves to the right and goes uphill. Where the trees on the left come to an end, turn sharp left on to a bridleway.	1.8miles
2. Follow the track with good going all along the side of the Derwent and Howden reservoirs. After about 3.5 miles the reservoirs end and there is a gate which takes you onto National Trust land and you continue to follow the track along a hillside above a river in the valley on your left. In about a mile you bear right joining a track from the left with a footpath sign on your right sign-posted 'Langsett and the Plough Inn'. This is a lovely picnic spot.	4.5miles
3. The track passes some sheep folds on the left and then fords a stream. In another 20 yards bear right along the bridleway where it splits off from the footpath at a National Trust sign for Howden Moor.	75 yards
4. Follow the stony path crossing a small stream and, where you see a steep slope in front of you to your left, follow the path around the side (NOT the rough track straight up!) which then zig zags steeply up the hill side and then contours round, with the hillside now on your right, to reach open moorland. This path is known as Cut Gate.  Follow this clear path across the moor. At times it is very stony difficult going and often has boggy sections alongside. There is a stone pavement in one section as you go uphill to the top of the moor before it levels off and then starts a more gentle descent.	About 1.2 miles to highest point.
<b>Throughout this section it is very important to stay on the path, sticking to the stony ground and not being tempted onto adjacent</b>	

<p><b>peat or boggy ground. We advise you dismount and lead your horse if you have any concerns.</b> The path is clear but it is slow going. In bad weather, it is very exposed to wind and rain. In good weather, you have a glorious experience to share with the grouse and mountain hare if you are very lucky. You must be prepared for all conditions as the weather can change suddenly.</p>	
<p><b>CUT GATE: be sensible and take care</b></p>  <p>Boggy in places      Rough      Difficult Terrain      Wilderness</p>	
<p>5. As the descent continues, after about a mile and half you will find yourself above a gully/small valley to your left as the path follows the side of the hill. Keep straight on and ignore bridleway to right (after 2 miles of descent) and in about another <math>\frac{3}{4}</math> mile you start to get views of Langsett reservoir to your right. Follow the track straight on, ignoring a turn to the right and you come to woodland on the right and the track descends in a zig-zag to a gate into woodland.</p>	3.5miles
<p>6. Go through the gate and follow the track over the bridge (nice picnic spot by river on left) and up into the woodland. It comes to a T junction with another track where you go right. Where this track goes right and then starts to turn left (and you can see a major road ahead through the trees), turn right on a bridleway through the trees. <b>LOOK OUT FOR</b> a turning to the left in about 400 yards which takes you through the wood and to a gate before a <b>VERY, VERY</b> busy road (A616).</p> <p>NB if you miss the turn in the woods and end up at the main road, you can turn right along a path by the wood edge, below the road level, which will take you to the road crossing</p>	0.75mile
<p>7. Take your time, wait for a gap in the traffic and cross straight over up the small lane ahead. Pass a couple of houses and it becomes a track which takes a sharp right turn to join a road (Fullshaw Lane) 350 yards ahead.</p>	850yards
<p>8. Turn left onto the road and go down to a junction about 500 yards ahead. Here you want to turn sharp right up a small road (Hartcliff Road), but take care as this is a complex junction and vehicles may shoot down off the main road ahead. Follow this road for about 1/3 mile – and after going steeply uphill and round a right hand bend the road levels off a bit and there is a track on your left which has a footpath sign [this track is regularly used by horse riders].</p>	0.7mile
<p>9. Turn left down this track and follow it for half a mile, going left where it is joined by a track from the right. It becomes a small lane and at the T junction turn right on to Liley Lane and follow the lane downhill and over a railway bridge crossing the Trans-Pennine Trail you will shortly be joining. This section of road (now called Parkin House Lane) is incredibly slippery for some reason so stay close to the verge on the</p>	1.1 mile

left. After about 1/2 mile the road turns sharply left downhill but you go straight on and follow the small lane (Shore Hall Lane) to an old level crossing where you can turn right and join the Trans-Pennine Trail (SE 2235 0270).

**Maps and route text are for guidance only. We strongly recommend that you also carry the Ordnance Survey Explorer Map OL1. Whilst every effort has been made to ensure all the information presented is accurate we cannot guarantee it is error free. In no event will any party involved in the making of this route guide be liable for any special, direct, indirect or consequential damages out of the use or inability to use this guide.**