

The Kinder Loop is a **VERY CHALLENGING** but very rewarding ride, rugged and strenuous in places.

Riders and horses need to be fit and prepared. Sections of the route follow rough paths across high, remote, exposed moorland which can be bleak and boggy (it can also give a wonderful taste of real wilderness).

Peak Horsepower recommends this ride only for riders who are experienced in long-distance riding on rugged terrain. We also suggest you ride the Kinder Loop only from May to September when weather conditions should be more favourable.



The Kinder Loop is an iconic long-distance and challenging route for riders, cyclists and walkers. It encircles Kinder Scout in the Peak District National Park on existing bridleways, byways and lanes, the Pennine Bridleway and the Trans-Pennine Trail. It provides a 55 mile waymarked circular route through dramatic scenery.

From the head of the Ladybower reservoir, the route goes north alongside the Derwent and Howden reservoirs before crossing the moors to Langsett. Here it picks up the Trans-Pennine Trail to travel west to Glossop and the Pennine Bridleway. (Until completion of the Pennine Bridleway round Glossop, this entails 1/2 mile on a busy A road and 2 miles on a country road.) The Kinder Loop then goes south along the Pennine Bridleway to Rushup Edge, and then east via Mam Tor to Edale and back to the Ladybower and Derwent reservoirs.

We hope it will be enjoyed by horse riders, cyclists and walkers alike.

Thanks to Hoof legacy funding from Sport England, the British Horse Society and the British Equine Federation and the support of the Peak District National Park.



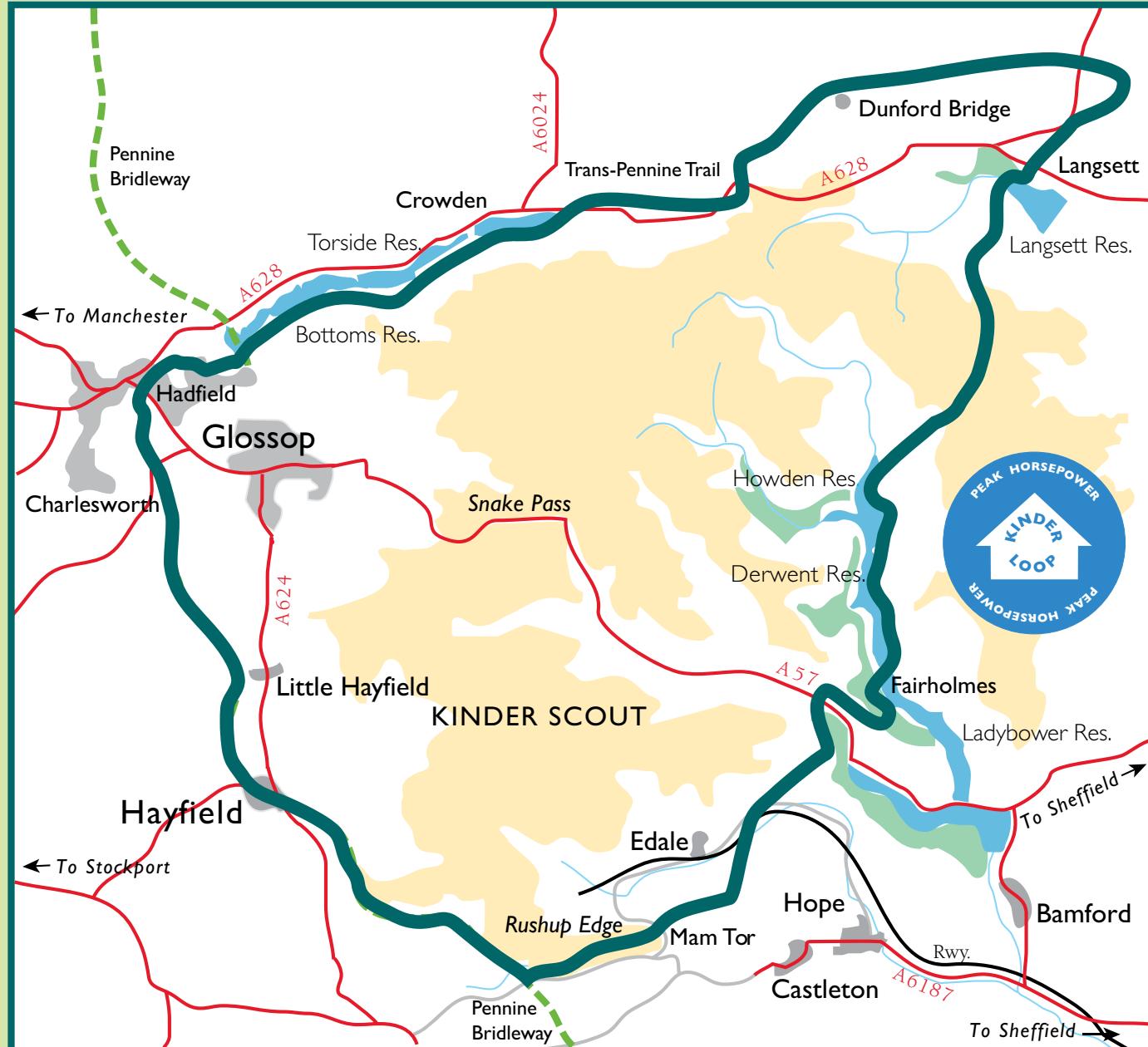
The Kinder Loop

in the Peak District National Park



a 55 mile waymarked route for
riders, cyclists and walkers

Overview of route



www.peakhorsepower.co.uk

The Kinder Loop is very rugged and strenuous in places so you and your horse need to be fit and prepared. Make sure you are ready to ride up to 6 hours a day for 3-4 days. Some paths are also very stony so do not expect good going and a fast ride. Instead, expect fabulous scenery and a real sense of achievement!

It is a waymarked route but DO NOT attempt the ride without detailed maps and route description.

Maps and detailed route description (going anti-clockwise) are available free of charge on the Peak Horsepower website, www.peakhorsepower.co.uk.

You should take an Ordnance Survey Explorer Map OL1 with you.

Also on the website are:

- local horse-friendly B&Bs
- vets and farriers close to the route
- list of equipment to take

www.peakhorsepower.co.uk

